



ALLEGHENIES REGIONAL
SAFETY CONFERENCE
19th Annual



Breakfast Buffet

7:30am-8:15am

- Breakfast Casserole (Egg and Cheese)
- Bacon and Sausage Links
- Fresh Cut Fruit Salad
- Home Fried Potatoes
- Buttermilk Pancakes with Syrup
- Beverages: Apple and Orange Juice

Lunch Buffet

12:00pm to 1:30pm

- Applewood Smoked Pulled Pork Sandwiches with Sweet Southern Slaw and Flair of Country's BBQ Sauce
- Garlic Lime Chicken Pieces: boneless breasts and thighs
- Homemade Macaroni and Cheese
- Grilled Vegetables: Zucchini, Yellow Squash, and Asparagus
- BBQ Pit Salad with Homemade BBQ Ranch and Italian Dressings
- Cookie and Brownie Tray

Beverages

Available for Duration of the Event

- Cold Station: Iced Tea and Lemonade
- Hot Station: Coffee, Decaf, and Hot Tea