



13th Annual Alleghenies Regional Safety Conference

October 6, 2015

8:00 a.m. - 4:00 p.m.

Frank. J. Pasquerilla Conference Center
301 Napoleon Street
Johnstown, PA 15901

Hosted by:
JARI's Safety Consortium

Sponsored By:
Damin Printing
Mountain Research, LLC
North American Höganäs
Cintas
Keystone Environmental, Health & Safety Services, Inc.

In-Kind Contributors:
City of Johnstown Parking Bureau / Galliker Dairy / GreenCircle / Home Depot /
Snyder of Berlin

7:30 - 8:15 a.m.

Registration & Breakfast

8:15 - 8:20 a.m.

Welcome & National Anthem

Ballroom

Welcome – Linda Thomson, President – JARI
Sponsor Comments
National Anthem – Greater Johnstown High School Woodwind Marching Band

8:30 - 9:15 a.m.

Opening Session

Ballroom

Crime Prevention Programs and Initiatives
Kelly Callihan – Cambria County District Attorney
Kevin Price – Field Supervisor, Cambria County Drug Task Force

This session will cover current crime trends in Cambria County with an emphasis on heroine drug abuse and its effects. Law enforcement's strategic plan to combat and prevent future crime will be detailed, including a community policing model.

9:30 - 10:15 a.m.

Workshop Series 1

Classroom 1

Safety Management System
Alison Pierce & Tiffany Wolf - Safety Engineers, American Red Cross

During this seminar, presenters will discuss accident causation, direct and indirect costs associated with accidents, and the five criteria for achieving safety management excellence, including actions required by senior leadership.

Classroom 2

Infectious Disease Awareness and Prevention- Non-Healthcare Setting
Dr. Trini Mathew - Medical Director, Epidemiology, Prevention and Infection Control, Conemaugh Memorial Medical Center

This workshop will present information on the different modes of transmission of infectious pathogens and provide advice on preventative measures and vaccines for preventable illnesses.

Classroom 3

Internet, Computer and Data Security
Joe Sernell, Associate VP for Information Technology – University of Pittsburgh at Johnstown
Matt Sernell, President – Eagles Ridge Industries

As everyday business practices become increasingly dependent on technology, the risk of exposure to security threats increase dramatically. Every organization needs to understand the potential sources of those threats and the possible counter measures to keep electronic assets secure.

10:30 - 11:15 a.m.

Workshop Series 2

Classroom 1

Right to Know, Hazard Communication and GHS
Dave Johnson – Safety, Health & Environmental Manager, North American Höganäs, Inc.

In 2012, OSHA made a decision to incorporate the Globally Harmonized System (GHS) into its Hazard Communication Standard. This implementation has caused an impact to the standard and those who must comply. The purpose of this presentation will be to discuss the requirements of the OSHA Hazard Communication Standard, the new GHS requirements including labeling pictograms and the new format required for Safety Data Sheets (SDS).

Classroom 2

Hazard Awareness, Includes Household Knowledge

Ron Springer, Executive Director/EMA Coordinator, Cambria County Department of Emergency Services

This workshop will cover information on industrial hygiene practices for recognizing, evaluation, and control of chemical, physical, biological and ergonomic hazards, OSHA health standards, respiratory protection and proper storage and handling of hazardous materials (to include information on hazards in the home).

Classroom 3

Internet, Computer and Data Security

Joe Sernell – Associate VP for Information Technology, University of Pittsburgh at Johnstown
Matt Sernell – President, Eagles Ridge Industries

As everyday business practices become increasingly dependent on technology, the risk of exposure to security threats increase dramatically. Every organization needs to understand the potential sources of those threats and the possible counter measures to keep electronic assets secure.

11:30 - 12:15 p.m.

Classroom 1

Safety and Health for an Aging Workforce

Tom Paterson – CSP and President, Professional Safety and Health, Inc.

This workshop will cover the meaning of the old or aging worker as well as barriers to effective training of aging workers. Tips on how to bridge generation gaps with all ages of workers will also be discussed.

Classroom 2

Health and Safety for Workers with Disabilities

Tom Foley, Business Service Representative
PA Department of Labor & Industry / Office of Vocational Rehabilitation

This workshop will provide guidance on health and safety responsibilities for those employing workers with disabilities to include: the legal implications of hiring people with a disability where safety is a factor, the implications of reasonable accommodations and exploring the proper etiquette to foster an open and supportive work environment.

Classroom 3

Stress in the Workplace – How Much is it Costing You?

Jennifer Reese, Highmark Blue Cross Blue Shield

Stress is estimated to cost American companies more than \$300B annually in health care costs, absenteeism, disability, turnover and lost productivity. Learn what you can do to help your organization address stress.

12:15- 1:30 p.m.

Keynote Presentation and Lunch

Ballroom

The Most Common Lawsuits and Tips for Preventing Liability

Attorney Chris Hildebrandt - Edgar Snyder and Associates

This workshop will address common lawsuits in Pennsylvania and how you can avoid or prevail in these types of lawsuits.

1:30 - 1:45 p.m.

Final Vendor Visits

1:45- 2:15 p.m.

Workshop Series 3

Classroom 1

Stress in the Workplace – How Much is it Costing You?

Jennifer Reese, Highmark Blue Cross Blue Shield

Stress is estimated to cost American companies more than \$300B annually in health care costs, absenteeism, disability, turnover and lost productivity. Learn what you can do to help your organization address stress.

Classroom 2

2015 Electrical Safety Update

*Eric Nelson – CSP, Indiana University of Pennsylvania Safety Sciences
Senior Partner, Steel City Safety*

This advanced session shall discuss electric safety as it applies to employers with maintenance and/or production employees exposed to 600 Volts and below. The presenter will seek to identify the hazards of working with electricity, balancing LO/TO and energized work, current OSHA citation activity in this area and reasonable application of the new NRPA 70E-2015 PPE selection guidelines to your workplace. The session seeks to ease employer frustration and confusion over this often seemingly overwhelming topic for employers.

Classroom 3

Right to Know, Hazard Communication and GHS

Dave Johnson – Safety, Health & Environmental Manager, North American Höganäs, Inc.

In 2012, OSHA made a decision to incorporate the Globally Harmonized System (GHS) into its Hazard Communication Standard. This implementation has caused an impact to the standard and those who must comply. The purpose of this presentation will be to discuss the requirements of the OSHA Hazard Communication Standard, the new GHS requirements including labeling pictograms and the new format required for Safety Data Sheets (SDS).

2:30 - 3:30 p.m.

Closing Session – Panel Discussion

Ballroom

Developing Relationships with Emergency Responders

Ira Hart – Manager, West End Ambulance

Tony Kovacic – Fire Chief, City of Johnstown Fire Department

Ron Springer – Executive Director/EMA Coordinator, Cambria County Department of Emergency Services

Meet a panel of expert emergency responders who will provide insight into their operations and services for emergency and non-emergency situations. In addition, the panelists will offer advice on working with responders when a critical incident occurs. Participants will have the opportunity to ask questions.

3:30 - 4:00 p.m.

Q&A, Door Prize Distribution and Closing

DAMIN PRINTING AD



**MOUNTAIN
RESEARCH, LLC**

The Summit of Science and Service

An Environmental, Engineering & Laboratory Services Company

Mountain Research's Services Include:

- Environmental and Geotechnical Drilling
- Environmental Laboratory Services
- Phase I and Phase II Environmental Site Assessments
- Soil and Groundwater Remediation Systems
- Site Characterizations
- Shale Gas and Oil Well Testing and Hydrogeologic Services
- Underground Storage Tank Removals and Remediations
- Engineering Services

A 100% Employee Owned Company

Celebrating
30 years
1985-2015

Corporate Office:
825 25th Street
Altoona, PA 16601
814-949-2034 ♦ 800-837-4674

DuBois Office:
110 McCracken Run Road
DuBois, PA 15801
814-371-6030

www.mountainresearch.com



Power of Powder®

Being the world leading manufacturer of metal powders means that we help open up a world of opportunities. Customers from a wide range of industries use our powders to reduce costs and environmental impact and we continuously drive development of new innovations beyond today's markets.

Our facilities in the United States include full production and technical services to support a wide range of metal powder applications. The powder range consists of plain iron, gas-atomized and electrolytic iron powders as well as pre-alloyed, diffusion bonded, stainless and tool steels.

We push the limits of metal powders.



Cintas leads the industry in supplying corporate identity uniform programs, providing entrance and logo mats, restroom supplies, promotional products, first aid, safety, fire protection products and services, and industrial carpet and tile cleaning. We operate more than 400 facilities in North America—including six manufacturing plants and eight distribution centers.



(412) 888-9455 • 600 Bursca Drive, Bridgeville, PA 15017 • www.cintas.com



- ◆ **Soil/Groundwater Remediation**
- ◆ **Commercial Due Diligence**
- ◆ **Asbestos Management**
- ◆ **Lead-Based Paint Services**
- ◆ **Residential Mold Inspections**
- ◆ **Industrial Hygiene**
- ◆ **Act 2 (Brownfield) Site Cleanup**
- ◆ **Indoor Air Quality**



ENVIRONMENTAL HEALTH AND SAFETY SERVICES INC.

101 Allegheny Street, Suite 2B, Hollidaysburg, PA 16648

814-696-9574

www.KeystoneEHS.com

2015 Safety Conference Vendors

CED/Mosebach Paul Hale/Dan Hill 814.535.6544 / phale@cedjtown.com	Newson Gale, Inc. Steven Connallon 732.961.7610 / steven.connallon@newson-gale.com
Cintas Seth Thomas 412.888.9455 / thomasS5@cintas.com	North American Höganäs, Inc. Dave Johnson 814.479.3500 / david.johnson@nah.com
Control Analytics, Inc. Bob Coll/Ryan Gold 724.387.2367 / sales@controlanalytics.com	Pennsylvania Highlands Community College Larry Brugh/Julie Davis/Andrew Podolak 814.262.3813 / jdavis@pennhighlands.edu
Damin Printing Nick Damin/Jason Kaplitz 814.472.9530 / nick@daminprinting.com	ProCare Physical Therapy Brent Brunner/Nick Mezyk/Kevin Naugle 814.826.1690 / bbrunner@procarebetter.com
Donaldson/C.M.M. Associates, Inc. Charles Metal/Joseph Findley cmmassocinc@yahoo.com	S.A. Comunale Company, Inc. Steve Farkas/Dave Berloff 330.797.7558/ steve.farkas@comunale.com
DLP Conemaugh Memorial Medical Center – Division of Trauma – Jami Zipf/Tom Causer 814.534.9045 / jzipf@conemaugh.org	Safety Shoe Distributors Craig Campbell 724.777.3556 / craig@ssdohio.com
Greater Johnstown Career & Technology Center Justin Spanko/Mike Riggerbach 814.266.6073 / jspanko@gjctc.org	Shannon Safety Products Brandi Emahizer 412.257.4700 / bemahizer@shannonsafety.com
G. W. Becker, Inc. Brent Rozar/Larry Lynn 724.983.1000 / berozar@gwbcrane.com	
Highmark Blue Cross Blue Shield Jennifer Reese/Marc McCall 814.532.5430 / Jennifer.reese@highmark.com	
IUP, PA/OSHA Consultation Program Bryan Brougher 814.629.8053/ bryan.brougher@iup.edu	
Johnstown Safety Services, LLC B.J. Opett 814.619.1391 / johnstownsafety@ymail.com	
Kaza Fire Equipment Company Jody Gibbons/Bob Ruffing 814.472.8650 / jgibbons@kazafire.com	
Keystone Environmental, Health & Safety, Inc. Matt Farabaugh/Jessica McCloskey/Darin Tornatore 814.696.9574 / jessica.mccloskey@keystonehs.com	
Mountain Research LLC Guy Livingston/Jim Prohonic 814.949.2034 / glivingston@mountainresearch.com	

**Thank you to our 2015 Safety Conference
Committee Members for all of your hard work and
dedication!**

**Debi Balog, JARI
Daren Cuppett, Lockheed Martin AeroParts
Jeff Dick, Careerlink Cambria County
Ron Donaldson, Lockheed Martin AeroParts
George Erisman, Galliker Dairy
Kathy Garris, Lockheed Martin AeroParts
Dave Johnson, North American Hoganas
Tessa Minnick, Pepsi
Paul Seitz, Phoenix Rehabilitation & Workplace Health**

A Special Thank You to our Door Prize Contributors

**CED/Mosebach
Control Analytics
DLP Conemaugh Memorial Medical Center - Division of Trauma
G. W. Becker
Johnstown Safety Services
Kaza Fire Equipment
Pennsylvania Highlands Community College
S. A. Comunale Company
Safety Shoe Distributors**



Join us next year ...

14th Annual

**Alleghenies Regional
Safety Conference**

October 4, 2016

***Special Thanks to the
Greater Johnstown High
School Woodwind
Marching Band:***

**Logan Gagan
Jessica Halapia
Emily Knapp
Cheyenne Maize
Liz Ruszkoski
Zakariya Scott
Josh Spencer
Brandon Swope
Emily Wood**